

CURRICULUM VITAE

Dimitri P. MIKHAILIDIS BSc, MSc, MD, FCPP, FCP, FRSPH, FFPM, FRCP, FRCPath

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UNIVERSITY EDUCATION, DEGREES AND QUALIFICATIONS

BSc Biochemistry (1st Class Honours): Chelsea College of Science and Technology (University of London), 1971.

MB, BS: Royal Free Hospital School of Medicine (University of London), 1976.

LRCP, MRCS: Royal Free Hospital School of Medicine (University of London), 1976.

MSc Clinical Biochemistry (with Distinction): University of London Inter-Collegiate, 1981.

MD: Royal Free Hospital School of Medicine (University of London) - "Platelet Aggregability in Experimental Models and Diseases Associated with Abnormal Platelet Function", 1989.

MRCPath: Royal College of Pathologists, 1990.

FRCPath: Royal College of Pathologists, 1997.

European Fellow in Medical Angiology, 2000 (a European qualification for training in Vascular Medicine).

FACB: Fellow of the *National* Academy of Clinical Biochemistry (Washington DC, USA), 2000.

Honorary Member of the Hellenic College of Cardiology and Cardiac Surgery, 2002. This college does not have a Fellowship category. Regular members need to be practising in Greece.

FRCP: Royal College of Physicians, London, 2002.

FFPM: Faculty of Pharmaceutical Medicine, Royal College of Physicians, London, 2002.

FASA: Fellow of the American Society of Angiology, 2003. President of the United Kingdom Chapter of the ASA. Member of the Scientific Council of the ASA (New York).

Hon. Doctorate: University of Ioannina Medical School (2004). This is the highest degree this University can award to non-graduates.

FCP: Fellow of the American College of Clinical Pharmacology (2008).

Hon. Doctorate: University of Athens Medical School (2008). This is the highest degree this University can award to non-graduates.

Hon. Doctorate: University of Thessaloniki Medical School (2009). This is the highest degree this University can award to non-graduates.

Hon. Doctorate: University of Thessaly Medical School (2012). This is the highest degree this University can award to non-graduates.

Hon. Doctorate: University of Crete Medical School (2012). This is the highest degree this University can award to non-graduates.

FCPP: Fellow of the College of Pathologists Pakistan (2013).

Hon. Doctorate: University of Thrace Medical School, Alexandroupoli, Greece (2013). This is the highest degree this University can award to non-graduates.

ORDERS AND DECORATIONS

Order of Saint Mark, first class, awarded September 2003. This is an award for services to the Greek community outside Greece.

APPOINTMENTS

1. House Physician in General Medicine and Endocrinology to Dr CWH Havard, Dr J Ginsburg and Prof MR Wills, Royal Free Hospital - to January 1977.

2. House Surgeon in General Surgery to Mr D Lang-Stevenson and Mr MC Pietroni, Whipps Cross Hospital, London, E11 - to July 1977.

3. Senior House Officer, Accident & Emergency Department and Intensive Therapy Unit (Dr D Brown), Royal Free Hospital - to January 1978.

4. Senior House Officer in Medical Oncology to Dr E Wiltshaw, Dr VM Dalley and Dr JD Everall, Royal Marsden Hospital, London SW3 - to August 1978.

5. Senior House Officer, Clinical Pathology Rotation (Departments of Haematology, Immunology, Chemical Pathology, Histopathology and Microbiology), Royal Free Hospital - to August 1979.

6. Registrar, Department of Chemical Pathology, Royal Free Hospital - to July 1980.

Head of Department: Professor D N Baron
Senior Lecturer and Director of Metabolic Unit: Dr P Dandona
Senior Lecturer: Dr D Cramp
Consultant: Dr S B Rosalki.

7. Wellcome Trust Fellow, Department of Chemical Pathology, Royal Free Hospital School of Medicine - to July 1983. Appointed Honorary Lecturer in May 1981.

8. August 1983 - March 1990: Lecturer and Honorary Senior Registrar, Department of Chemical Pathology and Human Metabolism, Royal Free Hospital and School of Medicine - Head of Department before October 1988: Professor DN Baron; after October 1988: Professor AF Winder.

9. From April 1, 1990 to July 1997: Senior Lecturer (Recognised Teacher of The University of London) and Honorary Consultant, Department of Chemical Pathology and Human Metabolism, Royal Free Hospital and School of Medicine.

10. From August 1, 1997: Reader (Appointed Teacher of The University of London) and Honorary Consultant, Department of Chemical Pathology and Human Metabolism, Royal Free Hospital and School of Medicine. From 1/8/98 – Dept. of Molecular Pathology & Clinical Biochemistry, Royal Free & University College Medical School, Royal Free campus.
From July 2000, Academic Head of Department.

From July 1, 2015, Honorary Reader UCL and Hon. Consultant, Royal Free Hospital

Also:

- *Visiting Professor*, School of Biological Sciences, University of Kingston, U.K. (1994 - 1998).
- *Visiting Professor*, Dept. of Medicine, University of Ioannina Medical School, Greece (1995 -). Visits in May 1996 and 1997 funded by The British Council.
- *Honorary Consultant* Ealing Hospital (2002-03): setting up a vascular disease prevention clinic. This project was approved by the Royal Free Trust.
- *Visiting Professor*, Robert Gordon University, Aberdeen, Scotland (2007 - 12).
- *Visiting Professor*, Univ. of Belgrade, Med Sch., 2013
- *Visiting Professor*, King Saud Univ, Riyadh, Saudi Arabia, 2013
- *Visiting Professor*: Feb 2014: King Khalid University, Abha, Saudi Arabia. Educational programme.

MEMBERSHIP OF SOCIETIES

American Association for Clinical Chemistry: *Member.*

American Society of Angiology: *Fellow (FASA) and Associate Editor for Europe for Angiology, the official journal of the ASA. Member of the Scientific Council of the ASA (New York). President of the United Kingdom Chapter of the ASA (2004 -).*

American Heart Association: *Member of the Council for High Blood Pressure Research*

Association of Clinical Biochemists: *Member.*

British Medical Association: *Member.*

British Society for Haemostasis and Thrombosis: *Member.*

European Society for Vascular Surgery (ESVS): *Associate Member. See below for contribution to ESVS guidelines.*

European Society of Cardiology (ESC): *Member of the Working Group on*

Thrombosis (WG 18). Member of the Working Group for Peripheral Arterial

Disease (WG 16). Nucleus group member for Peripheral Arterial Disease.

International Academy of Clinical and Applied Thrombosis/Hemostasis: *Member of the Council (2004 -).*

National Academy of Clinical Biochemistry (USA): *Fellow (FACB)*

Royal Society of Medicine: *Fellow (Pathology Section: Secretary, 1990-92; Member of the Council, 1992-94; Vice-President 1995-98; Editorial representative on the council 1997 - 2004).*

Royal Society of Health: *Fellow (FRSH). Member of the Editorial Board*

- Journal of The Royal Society of Health (1994 - 2002).

Hellenic Atherosclerosis Society: *Honorary member (2003 -). Awarded for achievement in the field of atherosclerosis research.*

Hellenic College of Cardiology and Cardiothoracic Surgery: *Honorary Member: this is the level of membership awarded to those that do not practice in Greece.*

International Atherosclerosis Society (IAS): *member at large – executive council (2016-18)*

AWARDS AND PRIZES

[1] Wellcome Trust Fellow (1980 - 83).

[2] Nordisk UK Grant, 1983 and 1996

[3] Charlotte Brown Prize (Royal Free Hospital School of Medicine), 1986

[4] British Council Lecturer, August 1991 (Brazil) and May 1996 and 1997 (Greece).

[5] Geoffrey Holt Award (British Medical Association) 1995 for vascular research

(jointly with Prof. A F Winder).

[6] My Urology research fellows have won *seven prizes* at meetings organised by several societies such as the European Association of Urologists (EAU) and the British Association of Urological Surgeons (BAUS). Two urology research fellows (Mr R Calvert and Mr F Banks) have also been awarded Special Trustees of the Royal Free Hospital Clinical Research Fellowships. This research was carried out jointly with Mr R Morgan, Dept. of Surgery, Royal Free campus. Another research fellow, Mr MA Khan, has won the BAUS Bard medal in 2002. This is the top research award for trainees in urology in the UK.

[7] Mr F Youssef, research fellow, has won the European Society of Vascular Surgery (Lucerne, Switzerland, Sep 2001) young vascular surgeon prize for the best clinical paper. This research was carried out jointly with Mr G Hamilton, Dept. of Surgery, Royal Free campus.

[8] 2003 Competitive Award for Scientific Research (Pfizer Ltd) – main applicant Mr M Shabbir (research fellow).

[9] Second prize for best paper presented at the Hellenic Atherosclerosis Society meeting, Athens, Dec 2004.

[10] International Union of Angiology I.A.S.A.C.O. 2nd prize (2nd IUA World Congress, Lisbon, Portugal, 2006).

REFEREEING

Referee/assessor for Institutions and Charitable Bodies: H.M. The Queen's Award for Higher and Further Education; The Stanley Johnson Foundation; The Wellcome Trust; National Lottery Charities Board; Irish Institute of Clinical Neuroscience (IICN).

Referee for:

Alimentary Pharmacology and Therapeutics; American Journal of Cardiology; American Journal of Cardiovascular Drugs; American Journal of Hypertension, American Journal of Kidney Diseases; American Journal of Men's Health; American Journal of Obstetrics and Gynecology; Angiology; Annals of the Rheumatic Diseases; Archives of Medical Research; Archives of Medical Science; Asian journal of Andrology; Atherosclerosis; Arteriosclerosis, Thrombosis and Vascular Biology;

Biochemical Pharmacology; Biomedical Science; Blood Coagulation and Fibrinolysis; Brain; British Journal of Anaesthesia; British Journal of Clinical Pharmacology; British Journal of Diabetes and Vascular Disease; British Journal of Haematology; British Journal of Nutrition; British Journal of Pharmacology; British Journal of Surgery; British Medical Journal;

Canadian Journal of Physiology and Pharmacology; Cardiovascular Interventional Radiology; Cardiovascular Research; Circulation; Clinical and Applied Thrombosis-Hemostasis; Clinical Chemistry; Clinical Endocrinology; Clinical Journal of the American Society of Nephrology; Clinical Science; Clinical Therapeutics; Current Drug Targets; Current Drug Therapy; Current Medical Literature - Nephrology and Hypertension; Current Medical Research and Opinion; Current Medicinal Chemistry; Current Opinion Cardiology; Current Vascular Pharmacology;

Diabetes and Vascular Disease Research; Diabetes Care; Diabetes/Metabolism Research and Reviews; Diabetes Research and Clinical Practice; Drugs; Drugs and Aging;

Endocrinology; European Journal of Clinical Investigation; Expert Opinion on Pharmacotherapy;

Fertility Sterility; Free Radical Biology and Medicine; Future Lipidology;

Hellenic Journal of Cardiology, Hormone and Metabolic Research;

International Angiology; International Journal of Cardiology; International Journal of Clinical Practice; International Journal of Diabetes and Metabolism; International Journal of Impotence Research; In vivo;

Journal of the American College of Cardiology; Journal of Clinical Hypertension; Journal of Clinical Lipidology; Journal of Clinical Pathology; Journal of Diabetes Complications; Journal of Drug Assessment; Journal of Drug Development; Journal of Endocrinological Investigation; Journal of Medical Case Reports; Journal of Nanoscience, Journal of Neurological Sciences; Journal of Nutritional Biochemistry, Journal of Sexual Medicine; Journal of the Royal Society of Health; Journal of the Royal Society of Medicine; Journal of Sexual Health; Journal of Sexual Medicine; Journal of Thrombosis and Haemostasis; Journal of Urology;

Lancet; Letters in Drug Design and Discovery; Lipids in Health and Disease;

Medical Science Monitor; Methods and Findings in Experimental and Clinical Pharmacology;

Nutrition;

Obesity Reviews; Open Cardiovascular Medicine Journal; Osteoporosis International;

Pharmacological Research; Physiological Research; Platelets;

Qarterly Journal of Medicine

Recent Patents on Cardiovascular Drug Discovery

Scandinavian Journal of Clinical Laboratory Investigation;

Therapeutic Advances in Endocrinology and Metabolism; Thrombosis Research; Trends in Pharmacological Sciences (TIPS);

Urology;

Vascular; Vascular Disease Prevention; Vascular Health and Risk management; Vascular Medicine;

European Society of Cardiology (ESC) abstract grader in 2015 (and for about 5 years before that). March 2015.

A total of 104 journals

Abstract referee for several learned society meetings including the European Society of Cardiology (ESC) and the European Society of Vascular Surgery

Book Reviews: several book reviews for some of the above-mentioned journals.

Referee for Academic Promotions: University of Pittsburgh School of Medicine, USA. University of Connecticut, USA.

Referee for Directorships of Research Centres: Member of the international selection panel for the appointment of the director of the Institut Pasteur, Athens, Greece (2012).

EDITORSHIPS AND EDITORIAL BOARD MEMBERSHIPS

[A] CURRENT

Editor-in-Chief: *Current Medical Research and Opinion* (publisher: Informa Healthcare) 1999- . This journal received the ‘Queen’s Award for Enterprise: International Trade 2005’. Impact factor = 2.380.

Editor-in-Chief: *Current Vascular Pharmacology* (publisher: Bentham publications) from June 2001. Impact factor = 2.896.

Editor-in-Chief: *Expert Opinion on Pharmacotherapy* (publisher: Informa Healthcare) from January 2007. Impact factor = 3.085.

Editor-in-Chief: *The Open Cardiovascular Medicine Journal* (publisher: Bentham publications) from June 2007.

Editor-in-Chief: *The Journal of Drug Assessment* (publisher: Informa Healthcare) from 2011.

Associate Editor for Europe: *Angiology* – from 2001. **Editor-in-Chief:** from March 2008 - . Impact factor = 2.370

Principal Editor: *Platelets* (publisher: Taylor and Francis), 1989 - . Impact factor = 2.117

Guest Editor: *Current Pharmaceutical Design* (impact factor 3.870) issue entitled Biochemical and clinical relevance of hyperuricaemia (2005)

Guest Editor: *Current Pharmaceutical Design* (impact factor 3.870) issue entitled Experimental models for the study of drugs used to prevent and treat vascular diseases (2008)

Guest Editor: *Current Pharmaceutical Design* (impact factor 3.870) issue entitled New developments in the prevention and treatment of vascular disease (2010)

Section Editor: *Current Opinion Cardiology*: section on lipids 2008 - . Impact factor = 2.329

Section Editor (vascular disease prevention): *Hellenic Journal of Cardiology* 2004 - . This is the official journal of the Hellenic Society of Cardiology.

Section Editor (vascular disease): *Current Pharmaceutical Design* (impact factor 3. 870) 2010 -

Member of the Editorial Board: *In vivo* 1993 - .

Member of the Editorial Committee: *International Angiology* (official journal of the International Union of Angiology), 1992 - .

Member of the Editorial Board: *Prostaglandins, Leukotrienes and Essential Fatty Acids* (publisher: Churchill Livingstone), 1988 –

Member of the Editorial Board: *Clinical and Applied Thrombosis and Hemostasis* (Westminster publications) 2001 - .

Member of the Editorial Board: *Journal of Cardiovascular Pharmacology and Therapeutics* (Westminster publications) 2001 - .

Member of the Editorial Board: *Recent Patents in Cardiovascular Drug Discovery* 2006 –

Member of the Editorial Board: *The Open Medicinal Chemistry Journal* 2007 –

Member of the Editorial Board: *The Open Pharmacology Journal* 2007 -

Member of the Editorial Board: *Current Pharmaceutical Design* 2007 -

[B] COMPLETED TERM OF OFFICE

Reviews Editor: *Journal of Drug Development*, 1995-1996.

Regional Editor: *The Journal of Smoking-Related Disorders*, 1990-95.

Regional Editor: *Current Drug Targets* (publisher: Bentham publications) 1999- 2002.

Abstracts Editor: *International Journal of Impotence Research*, 1993-95.

Editor-in-Chief: *Hellenic Medical Journal* (publisher: Smith-Gordon), 1996-2001.

Editor: *Vascular Disease* (publisher: CARFAX), 1997-2001.

Member of the Editorial Board: *J Royal Society of Health*, 1994 - 2004.

Editorial Representative: Section of Pathology, *J Royal Society of Medicine* 1997 - 2004.

Regional Editor: *International Journal of Diabetes and Metabolism* 2000 - .2008

Editor-in-Chief: *Expert Opinion on Therapeutic Targets* (publisher: Informa Healthcare) from 2007-2012. Impact factor = 3.649.

Editor-in-Chief: *Expert Opinion on Investigational Drugs* (publisher: Informa Healthcare) from January 2007-2012. Impact factor = 4.337

CLINICAL GUIDELINES CITING PUBLICATIONS BY D P MIKHAILIDIS + PARTICIPATION IN CONSENSUS COMMITTEES

It has been proposed that papers cited in clinical guidelines may be used to evaluate the impact of research on health care (BMJ 2000; 320: 1107-1111). Therefore, a list of my contributions to such guidelines is listed below:

[1] Tannenbaum H, Davis P, Russell AS, Atkinson MH et al. An evidence-based approach to prescribing NSAIDS in musculoskeletal disease. A Canadian consensus. *Can Med Assoc J* 1996; 155: 77-88. – **CITATION** –

[2] Hirsh J, Hoak J. Management of deep vein thrombosis and pulmonary embolism. A statement for healthcare professions from the council on thrombosis (in consultation with the council in cardiovascular radiology), American Heart Association (AHA). An AHA Medical/Scientific Statement. *Circulation* 1996; 93: 2212-2245. – **CITATION** –

[3] National Institute of Alcohol Abuse and Alcoholism. Moderate alcohol consumption: benefits and risks. *National Institutes of Health (NIH) Guidelines 24 (No 23), June 1995*. – **CITATION** –

[4] Amiral J, Baglin TP, Magnani HN, Mikhailidis DP. Heparin-induced thrombocytopenia: an underdiagnosed syndrome? Consensus overview. *Platelets* 1997; 8: 82. – **CITATION + PARTICIPATION** –

[5] Consensus Conference on Hypertension, Vascular Disease and Erectile Dysfunction’, Royal Society of Medicine (Oct. 1999; chaired one session). Proceedings published in *Current Medical Research and Opinion* 2001; 16 (Suppl.1): S1 – S78. Also attended the updates of this symposium, Harvard Medical School, USA (Oct 2000; chaired consensus update committee) and Cagliari, Sardinia (Oct 2001; chaired consensus update committee) – **CITATION + CHAIRMAN + PARTICIPATION** –

[6] Consensus Group for the Management of Asymptomatic Atherosclerotic Carotid Bifurcation Lesions - European Chapter of the International Union of Angiology (May 1999). Second consensus meeting Feb 2001. Proceedings to be published in *International Angiology 2002*. – **CITATION + PARTICIPATION + CHAIRMAN OF THE MANAGEMENT SECTION OF THE CONSENSUS PROCEEDINGS** –

[7] Health Canada (Santé Canada) – Tobacco Control Programme – Fact sheets for public education (revised April 2000). – **CITATION** –

Two UK - driven smoking guidelines also cite my work.

'Meeting Department of Health smoking cessation targets'. NHS Health Development Agency (2003).

Doctors and Tobacco –Tobacco Control Resource Centre. Published by the BMA and other European medical societies (copyright the European Commission 2000).

[8] The role of HDL cholesterol in the prevention and treatment of coronary heart disease: International expert panel recommendations (Monaco, Dec 2000 and 2001). These recommendations were published in *Am J Cardiol* (2002; 90: 139-143) – **PARTICIPATION** –

[9] 'Research Group for Undertaking Higher Research Degrees: Practical Guidance', Royal College of General Practitioners – **CITATION** –

[10] International Cardiology Forum (ICF) Consensus for the diagnosis and treatment of unstable angina and non-q-wave myocardial infarction. *Zeitschrift fur Kardiologie* 2000; 89: 708–723 and *Am Heart J* 2000; 139: 146–175. – **CITATION** –

[11] Consensus meeting for Antiplatelet Agents in Peripheral Vascular Disease. Joint organisers and chairmen - Dr M Flather, Dr DP Mikhailidis and Prof. G Stansby, Nov 2001. – **CHAIRMAN + PARTICIPATION** –

[12] Member of the international expert panel recommendations for the Metabolic Syndrome (Monaco, Dec 2003). – **PARTICIPATION** –

[13] Contributor to the Barnet Primary Care Trust Secondary Prevention of CHD Lipid Management Guidelines, 2003. – **PARTICIPATION** –

[14] Lead for lipids in the guidelines for stroke prevention, Royal Free Hospital Trust. These guidelines will be extended for use in other north London hospitals (Whittington, Barnet General, University College Hospital). – **PARTICIPATION** –

[15] UK HDL-C Consensus group. Role of fibrates in reducing coronary risk: a UK consensus. *Curr Med Res Opin* 2003; 20:241-247. – **PARTICIPATION AND AUTHOR FOR CORRESPONDENCE ON BEHALF OF PANEL MEMBERS** –

[16] UK Cilostazol consensus –**PARTICIPATION** –

[17] **Head of the Working Group on Lipid for the Guidelines Committee of the European Society of Vascular Surgery on Carotids.**

[18] **Member of the Nucleus Group for Peripheral Arterial Disease of the European Society of Cardiology (ESC).**

NUMBER OF CITATIONS IN THE BIOMEDICAL LITERATURE AND MEDLINE LISTING

20,085 citations (Institute of Scientific Information web site), Oct 2015

1,128 entries on MEDLINE/PubMed, Oct 2015

H factor = 61, Oct 2015, Web of Science, Core Collection, Institute of Scientific Information

Ranked 120 in Pharmacology and Toxicology category, Web of Science, Institute of Scientific Information, Oct 2015

10 publications ranked as most cited, Web of Science, Institute of Scientific Information, Oct 2015

Ranked number 2 in the world in the field of hyperlipidaemia: *ExpertScape* 2015

INVITED LECTURES

2015:

- Lecturer, Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for Vascular Surgeons) 13 Jan and 5 May 2015.
- Hellenic Atherosclerosis Society and European Atherosclerosis Society (EAS) Summer School June 2015. Invited speaker.
- Gulf Heart Association (Kuwait) – invited speaker and chairman.
- International Atherosclerosis Society (IAS) and Oman Society for Lipids and Atherosclerosis (OSLA) course, Muscat, Oman, Feb 2015
- Lecturer and part-organizer, FRCPath course, Royal Free Hospital
- Hellenic Atherosclerosis Society meeting, Kastoria, Greece (7 Feb)
- Hellenic Diabetes Society meeting, Athens, Greece (20 March)
- Cardiovascular Summit, Dubai, 27/3/15
- International Atherosclerosis Society (IAS) course teacher, Salzburg, Austria, September 2015

2014:

- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for Vascular Surgeons) on 2 occasions.
- Lecturer and part-organizer, FRCPath course, Royal Free Hospital.
- Hellenic Atherosclerosis Society and European Atherosclerosis Society (EAS) Summer School. Invited speaker.
- Nephrology meeting, Padua Italy. Invited speaker. May 15.
- European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients meeting, Thessaloniki Greece. Invited speaker. June 6.
- Lipids, Shaken and Stirred, Sheila Sherlock Postgraduate centre, Royal Free Hospital. Chair of whole day meeting.
- Royal Free Association lecture 20 November.
- Oman Medical Specialties Board (Assessor and speaker).
- Advances in Diabetes and insulin Therapy (ADIT) meeting, Belgrade, Serbia. April 4.

2013:

- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for Vascular Surgeons)
- Lecturer FRCPath course, Royal Free Hospital
- European Society of Cardiology, Peripheral Circulation Working Nucleus Group meeting, Athens, July.
- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for Vascular Surgeons)
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2012:

- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for Vascular Surgeons)
- Hellenic Atherosclerosis Society and European Atherosclerosis Society Summer school, Speaker

- Polish Lipid Association inaugural meeting, Warsaw, Poland. Speaker and Chairman
- Gulf Heart Association (Muscat, Oman) – invited speaker and chairman
- Lipid Forum London. Chairman
- 27th International Meeting on Clinical Cardiology, Athens, April 2012
- Lipids and Diabetes meeting, UCL, May 2012
- LIVE (international vascular surgery) meeting, Alexandroupolis, Greece, May 2012
- International Union of Angiology (IUA), invited speaker, Prague, July 2012
- Oman Society for Lipids and Atherosclerosis, invited speaker, Muscat, Oman, November 2012

2011:

- Chairman North London Lipid Network, January
- Grand Round speaker, Bangor University Hospital, January 14
- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for Vascular Surgeons)
- Speaker North London Lipid Network, April and Moderator, Sep
- Oxford-Thessaloniki Diabetes meeting. Speaker
- 5 Continent Symposium on Cardiovascular Disease, Beijing, China. Speaker and Chairman
- Hellenic Atherosclerosis Society and European Atherosclerosis Society Summer school, Speaker
- Polish Lipid Association inaugural meeting, Warsaw, Poland. Speaker and Chairman

2010:

- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for vascular Surgeons)
- European Postprandial Dyslipidaemia Panel (Vice Chairman)
- Gulf Heart Association (Doha, Qatar) – invited speaker and chairman
- Royal Society of Medicine, Angiology section, invited speaker “Is management of dyslipidaemia in peripheral arterial disease useful?”
- 8th Annual Western Vascular Institute Symposium, Galway, Ireland (May). Invited speaker.
- Hellenic Atherosclerosis Society and European Atherosclerosis Society Summer school, Speaker
- European Society for Vascular Surgery (ESVS), Amsterdam, Holland. Teacher on ESVS revision course.

2009:

- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for vascular Surgeons).
- Speaker “Vascular Leads Forum” Royal Soc Med 30 Jan 2009
- Speaker 24th International Meeting on Clinical Cardiology, Athens, Greece, April
- Hellenic Atherosclerosis Society and European Atherosclerosis Society Summer school, Speaker
- European Society for Vascular Surgery (ESVS), Oslo, Norway. Teacher on ESVS revision course.

2008:

- Delivered HEART EU lecture. Athens (Dec)
- Leighton Hospital, Crewe, Grand Round
- Hellenic Atherosclerosis Society and European Atherosclerosis Society Summer school, Speaker
- Cardiology Dept., Royal Free Hospital Seminar
- Lecturer on the Whipps Cross Hospital Higher Surgical Course (Vascular Medicine for vascular Surgeons).
- Invited speaker “Presenting and writing up your research and thesis”. Royal Society of Medicine 31 March 2008.
- 6th Annual Western Vascular Institute Symposium, Galway, Ireland (May). Invited speaker and Chairman.
- International course on coronary, carotid, renal and peripheral endovascular therapy CCCPR, Chania, Crete (June). Invited speaker and Chairman.
- International Union of Angiology meeting, Athens Greece. Chair and member of the International Advisory Board.
- 20th International Congress of Thrombosis, Athens Greece. Invited Speaker.
- European Society for Vascular Surgery (ESVS), Nice, France. Teacher on ESVS revision course.
- Minimising surgical bleeding. Modern best practice. Vascular Medicine Section, Royal Society of Medicine. Invited speaker.
- Chairman: Managing CV risk – Royal College of Physicians.

2007:

- Invited speaker, Cardiovascular and Interventional Radiological Society of Europe (CIRSE) meeting Athens, Greece (Sep).
- Grand Round, Wythenshawe Hospital, Manchester (Feb).
- Member of the International Advisory Board and of the Scientific Committee of the 17th EUROCHAP meeting of the Intl. Union of Angiology, Nicosia, Cyprus. Also, invited speaker (March).
- 5th Annual Western Vascular Institute Symposium, Galway, Ireland (May). Invited speaker.
- Chairman, London Lipid Forum (May).
- GP study day on Type 2 Diabetes, Sheila Sherlock Postgraduate Centre, Royal Free Hospital (June). Invited speaker.
- European Society for Vascular Surgery (ESVS), Madrid, Spain. Teacher on ESVS revision course. Head of the Prevention Group of the Carotid Disease guideline committee of the ESVS that met at this symposium (Sep). Also, assessor for submitted abstracts.
- Invited speaker, 3rd International Educational course of the Central European Vascular Forum, Portoroz, Slovenia.
- Invited speaker, Vascular Medicine section, Royal Society of Medicine, October 2007.
- Chairman, Royal Free Association Peter Scheuer Symposium November 2007.

2006:

- Chairman, London Lipid Forum (Jan).
- Speaker BMA Croydon Division meeting (Feb).
- Invited speaker, Royal Society of Medicine, Black and Ethnic Minority Health section (Mar).
- Invited speaker, International course on coronary, carotid, renal and peripheral endovascular therapy, Nicosia, Cyprus (June).
- Invited speaker, 16th Congress of the Mediterranean League of Angiology and Vascular Surgery, Crete, Greece (June).
- Invited speaker, Intl. Union of Angiology meeting, Lisbon, Portugal (June).
- Invited speaker, Vascular Complications of Human Disease: mechanisms and consequences (Royal College of Physicians), London (July).
- Invited speaker, Cardiovascular and Interventional Radiological Society of Europe (CIRSE) meeting Rome, Italy (Sep).
- European Society for Vascular Surgery (ESVS), Prague, Czech Republic. Invited speaker keynote symposium. Head of the Prevention Group of the Carotid Disease guideline committee of the ESVS that met at this symposium (Sep). Also, assessor for submitted abstracts. Teacher on ESVS revision course.
- Medical Grand Round, West Suffolk Hospital (a Cambridge University Hospital), Bury St. Edmunds (Oct).
- Invited speaker, Scottish Lipid Forum (Oct).
- Grand Round, University of Liverpool Hospital, Aintree, Liverpool (Nov).
- Ward Round, Royal Free Association (Nov).

2005:

- Invited speaker 'Hepatology 2005', Royal Free Hospital.
- Speaker 'Regional University Program', Egypt.
- Invited speaker, 15th European Hypertension Satellite Meeting, Greece.
- Member of the UK organising committee and invited speaker for EUROCHAP 2005, Glasgow. This is a joint meeting of the Intl. Union of Angiology, the Swedish Soc. for Vasc. Surgery, the Royal Soc. of Med. and the Soc for Vasc. Med. and Biol. Also invited speaker and chairman.
- Invited speaker and symposium president at the 15th Congress of the Mediterranean League of Angiology and Vascular Surgery, Palermo, Italy.
- European Society for Vascular Surgery (ESVS), Helsinki, Finland. Invited speaker, ESVS revision course. Member (Head of the Lipid Working Group) of the guideline committee of the ESVS that met at this symposium.
- Invited speaker, Guys, St. Thomas' and Kings 'Diabetes Awayday' meeting, London.
- Invited speaker, Primary Care Cardiovascular Society (PCCS) annual meeting, Stratford-upon-Avon, September 2005.
- Chairman, London Lipid Forum.

2004:

- Invited speaker 8th International Congress on Atherosclerosis, Athens, Greece.
- Invited speaker Portuguese of Society of Cardiology Congress, Villamura.
- Lecturer on the Whipps Cross Hospital FRCS course (Vascular Medicine for the Surgeon).
- Continuing participation in the CPD programme of the Onassion Cardiothoracic Centre, Athens, Greece (since 2001).
- 14th MLAVS meeting – chairmanship and invited speaker.
- Invited speaker Dept. of Angiology, Medical School, University of Pisa, Italy.
- European Society for Vascular Surgery (ESVS), Innsbruck, Austria: invited speaker, ESVS revision course and for the Union Europeenne des Medecins Specialiste (UEMS) and European Board of Surgery Qualification in Vascular Surgery (EBSQ-VASC) symposium.
- Invited speaker 5th International Congress of Neuropsychiatry, Athens, Greece.
- Invited speaker 8th International Congress on Atherosclerosis, Athens, Greece.
- Member of the International Think Tank on Metabolic Syndrome, Paris, Dec 2004.

2003:

- Invited speaker 'Surgery Masterclass', Birmingham, UK.
- Organiser, co-chairman and speaker, 'Update - Vascular Disease prevention' meeting, Royal Society of Medicine.
- Invited speaker at the 'Care of the Claudicant' meeting organised by the Northern Vascular Unit.
- Invited speaker at the combined meeting of the European Society of Cardiology Working Group on Peripheral Circulation and the Hellenic Cardiological Society.
- Invited speaker at the XIX Nordic Congress of Cardiology, Odense, Denmark.
- Invited lecturer at The European Board of Vascular Surgery revision course, Royal College of Surgeons, Dublin, Ireland.
- Invited speaker 5th World Congress on Urological Research, London, UK.

2002:

- King Faisal Hospital, Riyadh, Saudi Arabia – invited speaker for the Medical Grand Round.
- Invited speaker Hellenic College of Cardiology and Cardiac Surgery meeting, Athens, Greece.
- Invited speaker Hellenic Atherosclerosis Society inaugural meeting.

2001:

- International consensus meeting (International Union of Angiology, IUA) for the prevention of stroke (Cyprus) - lectures on the role of antiplatelet and lipid lowering therapy. Chair of the management section of the consensus.
- Invited speaker 50th anniversary meeting of the Egyptian Society of Cardiology (Cairo).
- Keynote address: 'Time to treat dyslipidaemias in diabetics' – International Diabetes Workshop, (Emirates).
- Athletics and Health in the 21st century (Thessaloniki, Greece) – keynote lecture and Presidential Award for achievement.
- Chair of the NW London Lipid Forum.
- Invited speaker Italian Society of Gerontology and Geriatrics (Florence) – 'Lipids and stroke prevention'.
- Invited speaker and session chairman International Union of Angiology (IUA) meeting (Cairo). Award for achievement and services to the IUA.
- Invited speaker British Association of Urological Surgeons (BAUS) (Manchester).

2000:

- Invited speaker satellite meeting of the European Society of Cardiology, Amsterdam.
- Meeting of the Association of Professors in Clinical Biochemistry – Bristol.

- Consensus conference, Harvard University, USA, on treating cardiovascular risk factors in men with erectile dysfunction.
- Consensus group for the treatment of dyslipidaemias in patients with HIV (Royal College of Physicians).
- Invited speaker, Hellenic Soc of Cardiol, Cyprus Soc of Cardiol and 6th World Hellenic Biomedical Congress.
- International consensus meeting for HDL treatment – member of the expert panel (Monaco).
- Lecturer on the Whipps Cross Hospital FRCS course (Vascular Medicine for the Surgeon).

1999:

- Invited speaker N Thames British Geriatric Soc.
- Invited speaker 71st Eur Atherosclerosis Soc (EAS) Congress, Greece, also member of the Organising Committee.
- ‘Consensus Group for the Management of Asymptomatic Atherosclerotic Carotid Bifurcation Lesions’ + invited speaker Eur Chapter of The International Union of Angiology.
- Member of the Consensus Committee and invited speaker at ‘The Consensus Conference on Hypertension, Vascular Disease and Erectile Dysfunction’, Royal Soc of Med.
- Invited speaker Hellenic Stroke Soc.
- Keynote Lecture - ‘The Treatment of Hypertension in Patients with Erectile Dysfunction’, Regional meeting of the Italian Soc of Andrology.

1998:

- Invited speaker at the Hellenic Vascular Soc meeting, Athens.
- Chaired one session and gave an invited talk - Romanian Soc of Cardiol meeting.
- Presented Surgical Grand Round, Royal Free Hospital.

1997:

- Invited speaker of the S. American Atherosclerosis Soc.
- Inaugural lecture (+ chaired a session) at ‘European Smoking Cessation Symposium’, La Spezia, Italy.
- Chaired two sessions and gave two invited talks at the meeting of the Romanian Soc of Cardiol, Bucarest. Received the 50 year commemorative medal of this Society.

1996:

- Invited speaker of the National Heart Assoc (Malaysia), the Singapore Cardiac Soc and the Cyprus Cardiac Soc.

1995:

- Scientific committee of the International Union of Angiology (IUA) meeting (London). This symposium, attended by several thousand delegates - chaired a session and invited speaker in another two.
- Invited speaker - Portuguese Cardiol Soc.
- Invited speaker - Intra-American Congress of Cardiol (Santiago, Chile).

1994:

- Organising committee + chaired a session at the First International Congress on Smoking Cessation (Glasgow).
- Inaugural lecture (Visiting Professor) Kingston University (13/10/94) – Mighty Midgets, Clots and Fats.

1992:

- Invited speaker - Italian Andrological Soc (vascular aspects of andrology).

1991:

- British Council lecturer – Brazil.

1990:

- Invited speaker at the Eur Atherosclerosis Soc (EAS) Congress (Vienna, Austria).

I also organised/chaired several meetings for the Section of Pathology, Royal Society of Medicine.

COMMITTEES/EXTERNAL CONSULTANCIES/ADVISORY GROUPS

- ◆ Consultant to Glaxo Group Research (UK) 1988 - 1994.
- ◆ Consultant to Sanofi Winthrop (UK) 1993 - 1994.
- ◆ Core Advisory Panel for clopidogrel - Bristol Myers Squibb + Sanofi Winthrop 1997 - 1999.
- ◆ Cardiovascular Disease Advisory Board, NOVARTIS (1998 - 200).
- ◆ Camden & Islington Joint Prescribing Committee – subgroup for the Management of Patients with Obesity, 1998.
- ◆ Member of the scientific advisory committee Indian Medical Association (UK) 1999- .
- ◆ Member of the Coronary Heart Disease (CHD) Media Advisory Panel – MSD (2000).
- ◆ Member of the Consultancy Group for the ALLHAT trial, UK (Pfizer, UK) (2000).
- ◆ Member of the Advisory Board for CARDURA XL, UK (Pfizer, UK) (2002).
- ◆ Member of the Advisory Board for Crestor (rosuvastatin), AstraZeneca, UK (2002 - 2003).
- ◆ Member of the Advisory Board for MATCH study, Sanofi-Synthelabo (2004).
- ◆ Member of the Hellenic Expert Panel on Atherothrombosis (2004 -).
- ◆ Member of the Executive Council, Royal Free Association (2006 -).
- ◆ Member of the Advisory Board, Cyprus Institute for Neurology and Genetics (2009-)
- ◆ International Selection Committee, Institut Pasteur Athens, Greece (2012)
- ◆ Member of the Council, Harokopio University, Athens, Greece (2012 –
- ◆ International Atherosclerosis Society (IAS) Executive Board member 2016-18

MULTICENTRE AND MAJOR CLINICAL TRIALS

- Principal Investigator, Royal Free Hospital site - Treat to New Targets (TNT) trial, 1998 - 2004.
- Member of the investigators committee, The GREek Atorvastatin and Coronary-heart-disease Evaluation (GREACE) Study, 2002 - .
- Member of the investigators committee, The Metabolic Syndrome (MetS)-Greece Multicenter Study, 2003 - .
- Member of the investigators committee, The SETTLE Study, Greece 2009.

FUNDING

Over the last Research Assessment Exercise (RAE) period (about 7 years) I raised approximately £525,000. This is principally from royalties as Editor-in-Chief, Lecture fees and private practice. Some of this funding is also derived from work done to assess the effect of drugs (usually in vitro or in experimental models).

I also negotiated for the past 12 years the salary of 3 research fellows (2 post-doctoral fellows and 1 PhD candidate) to be paid from the Department's discretionary funds (approximately £2 million).

NIHR grant on development of stent using nanocomposite material and stem cells Seifalian AM, Hamilton G, Mikhailidis D. Sept 2009 – October 2010, £100,000

CURRENT CLINICAL/NHS DUTIES

- Two outpatient clinics per week for the prevention of vascular disease:
Monday pm (DPM 05): GP referrals.
Thursday am (NAR 04): cardiology patients (Consultant cover only in the absence of Dr DR Nair).
Thursday pm (GH 06): vascular surgery patients.
The other consultant in the Dept. has also started (Oct 2001) a specialist lipid clinic (Tues pm) for patients with HIV-related disease.
- General Practice out-reach clinics (24 completed up to 2001).
- Trust-approved monthly clinic at Ealing Hospital jointly with the local Vascular Surgery service (from Jan 2002). Hon. Consultant status obtained from Ealing Hospital.
- Academic Head of Dept. – this role overlaps with the management of the whole Dept.
- Participation in the Dept.'s 'on call' Consultant rota.
- Unit Specialist Training Director. Vice-chairman, N. Thames Speciality Training Committee in Chemical Pathology (up to 2002). Supervised five successful MRCPath trainees:
 - Dr J Bolodeoku
 - Dr LH Breimer
 - Dr DR Nair (now consultant in Clinical Biochemistry)
 - Dr H Nawawi (now Prof. Nawawi, Malaysia)
 - Dr D Nwose
- Several appointment committees (including consultant appointments) representing the University of London or the Royal College of Pathologists. This includes two consultant appointments at the Royal Free.

CURRENT TEACHING AND EXAMINING DUTIES

[A] TEACHING

- Medical students and clinical staff. Experience with over 1,000 lectures to medical undergraduate students (since 1978). Currently: chemical pathology lectures to clinical students + revision tutorials pre-MB,BS.
- Clinical Pharmacology course (RFH campus).
- Vascular Surgery Special Study Module (SSM) (including out-patient clinics).
- Cardiovascular Tissue Engineering Special Study Module (SSM)
- Several lectures to the medical profession (e.g. GPs and hospital doctors). These lectures are usually PGEA or CPD approved.
- Lecturer on MSc Clinical Biochemistry course (Univ. of London).
- Guest speaker at other universities and lecturer on various courses (including BSc course, UMDS).
- MRCPath revision courses and study days (North Thames region).
- Invited lecturer 'Higher Surgery Course' – Whipps Cross Hospital, 2000 –.
- Member of the Pathological Sciences Education Sub-Committee

[B] EXAMINING

- ◆ Final MB,BS, examiner: Royal Free Hospital School of Medicine (Univ. of London) and Royal Free University College Medical School since 1990.
- ◆ University of London examiner: sub-panel for MB,BS University-based MCQ examinations (1996 -).
- ◆ Visiting examiner: St. George's Medical School, final MB,BS Pathology, 1997.
- ◆ PhD examiner:
 - Univ. of London
 - Univ. of Newcastle
 - Univ. of Nottingham
 - Metropolitan Univ. of Manchester
 - Quaid-I-Azam University, Islamabad, Pakistan (I only provided written reports)

[C] THESIS SUPERVISION

- Supervised 6 **PhDs** (University of London):
 - Dr D S Gill, PhD – awarded 1991
 - Dr O S Ejim, PhD – awarded 1991
 - Dr R L Ozin, PhD – awarded 1992
 - Dr J Y Jeremy, PhD – awarded 1993

- Dr M A Barradas, PhD – awarded 1994
 Dr J K Gill, PhD – awarded 1994
- Supervised 8 **MDs** (University of London):
 Dr M E Sullivan, FRCS, MD – awarded 1999. Co-supervisor: Mr R J Morgan.
 Dr M A Khan, FRCS, MD – awarded 2001. Co-supervisor: Mr R J Morgan.
 Dr F H Mumtaz, FRCS, MD – awarded 2001. Co-supervisor: Mr R J Morgan.
 Dr R Calvert, FRCS, MD – awarded 2003: Co-supervisor: Mr R J Morgan.
 Dr F Youssef, FRCS, MD – awarded 2006: Co-supervisor: Mr G Hamilton.
 Dr E Siddiqui, MRCS, MD – awarded 2006: Co-supervisor: Mr F H Mumtaz.
 Dr M Shabbir, MRCS - awarded 2007: co-supervisor: Mr R J Morgan.
 Dr ME Alnaeb, MRCS, MD – awarded 2009: Co-supervisor: Prof. G Hamilton.
 - Supervised one **MPhil**, Joint Faculty of Health Sciences – St George’s Med Sch & Kingston Univ.:
 Ms IA Jagroop, BSc – awarded 2001
 - Supervised two MSc in Surgical Sciences (University College London) projects:
 Ms A Crump, MSc, MRCS
 Mr D Lau, MSc, MRCS
 - Supervised two **BSc** Pathology research projects:
 Dr N H Whitworth (awarded 2,i class hors.)
 Dr M L Nystrom (awarded 2,i class hors.)
 - Supervised two Wellcome Trust Summer Vacation Studentships:
 Ms M L Nystrom
 Ms M Efstathiou.
 - PhD (UCL):
 Ms I A Jagroop, BSc, MPhil - 2011
 Mr D Lau, MSc, MRCS – 2014

[D] HONORARY CLINICAL RESEARCH FELLOWS

The following 15 Honorary Clinical Research Fellows spent 6 - 24 months in the Dept. They were funded by the Greek government:

- Dr K Spyropoulos: 1993-94; Consultant Physician, District General Hospital, Volos, Greece.
- Dr ES Ganotakis: 1995-96; Assistant Professor, Dept. of Medicine, Medical School, University of Crete, Greece.
- Dr J Papadakis: 1997-98; Consultant Physician, Teaching Hospital of the Medical School, University of Crete, Greece.
- Dr H Milionis: 1999; Lecturer in General Medicine, Teaching Hospital of the Medical School, University of Ioannina, Greece.
- Dr E Rizos: 2000-01; Specialist in General Medicine, Teaching Hospital of the Medical School, University of Ioannina, Greece.
- Dr M. Matsagas: 2001-02; joint research fellow with Imperial College (Ealing Hospital Dept. of Vascular Surgery). Now Assistant Professor in Vascular Surgery, Teaching Hospital of the Medical School, University of Ioannina, Greece.
- Dr S Tsiara: 2002-03. Assistant Professor in Medicine, Teaching Hospital of the Medical School, University of Ioannina, Greece.
- Dr SS Daskalopoulou: 2003-05. Completed specialisation in Internal Medicine, University of Athens, Greece. Also currently completing PhD, Imperial College, London. Now research fellow McGill Medical School, Montreal, Canada.
- Dr EN Liberopoulos: 2004-05. Completed specialisation in Internal Medicine, University of Ioannina, Greece. Now Lecturer, Internal Medicine, University of Ioannina.
- Dr A Kakafika: 2005-06. Training for specialisation in Internal Medicine, University of Thessaloniki, Greece. Also, completing doctorate at the same University.
- Dr EM Fatourou: 2005. MD research fellow, University of Athens, Greece. Joint Fellow with professors G Hamilton and A Seifalian.
- Dr E Gazi: 2006. Training for specialisation in Internal Medicine, University of Ioannina, Greece. Also, completing doctorate at the same University.
- Dr KI Paraskevas: 2006. Training for specialisation in Surgery, University of Athens, Greece. Joint Fellow with Mr D Baker.
- Dr G Vrentzos: 2006-07; Consultant Physician, Teaching Hospital of the Medical School, University of Crete, Greece.
- Dr K Tziomalos: 2007 and 2008-2009; Completed specialisation in Internal Medicine, University of Thessaloniki, Greece. Also, completed doctorate at the same University.
- Dr T Filippatos: 2008; Training for specialisation in Internal Medicine, University of Ioannina, Greece. Also, completing doctorate at the same University.
- Dr M Florentin: 2009 - 2010; Training for specialisation in Internal Medicine, University of Ioannina, Greece. Also, completing doctorate at the same University.
- Dr E Lioudaki: 2010; Training for specialisation in Internal Medicine, University of Crete, Greece. Also, completing doctorate at the same University.
- Dr Maria Sarigianni: 2010; Training for specialisation in Internal Medicine, University of Thessaloniki, Greece. Completed doctorate at the same University.
- Dr Niki Katsiki: 2010; Training for specialisation in Internal Medicine, University of Thessaloniki, Greece. Completed doctorate at the same University.
- Dr Michael Kostapanos: 2012; Training for specialisation in Internal Medicine, University of Ioannina, Greece. Completed doctorate at the same University.
- Dr Ioannis Vasiliadis: 2013; Completed training for specialisation in Cardiology, Onassion Cardiothoracic Centre, Athens, Greece. Completed doctorate at Athens University.
- Dr Aris Agouridis: 2014 - 2015; Training for specialisation in Internal Medicine, University of Ioannina, Greece.